# **Energy Boot Camp for Builders**

#### **Building Science and Changes to the Montana Energy Code**





December 2013

Presented by Dale Horton, Architect National Center for Appropriate Technology

# **AIR FLOW BASICS**

- For air to move, you need a hole and a pressure difference.
- Air always flows from high (or positive) pressure to low (or negative) pressure.
- CFM in always equals CFM Out.



#### What Is Pressure?

- Force pressing against a surface
- Weight per unit area
- Pounds per square inch
- Inches of water column
- Pascal: Newtons per meter squared



(850 lbs per 2 small feet)

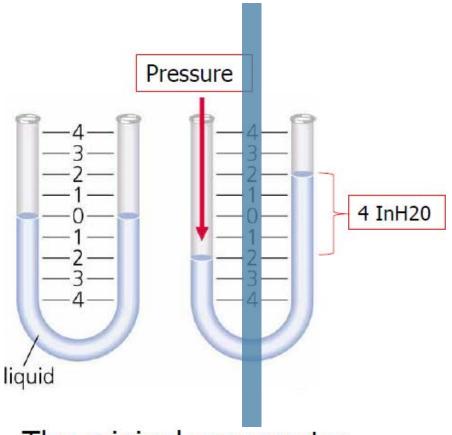
# A Simple Manometer

#### What a manometer is:

A pressure gauge

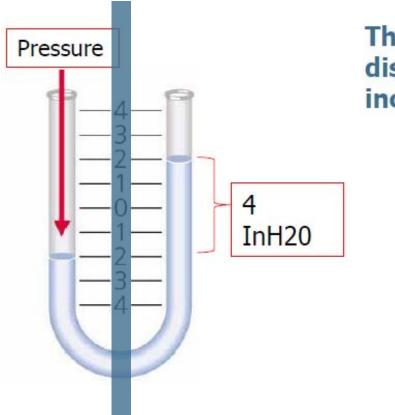
#### What a manometer does:

 Measures the pressure <u>difference</u> between two areas.



#### The original manometer

# A Simple Manometer



This rudimentary manometer is displaying a pressure difference of 4 inches of H20.

What does this equal in Pa?

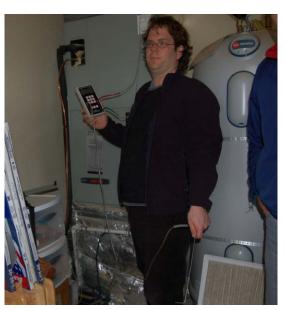
1 InH20 = 250 Pa

4 x 250 = 1000 Pa

#### **Examples of House Pressure Measurements**

- Wind (Ave. 4 Pa)
- Stack Effect (1-3 Pa)
- Furnace plenum (120 Pa)
- Boot (5 Pa)
- Flue (-3 Pa)
- Bedroom with doors closed (up to 10 Pa)
- Room with a big exhaust fan (-20 Pa)
- House pressurized by blower door (50 Pa)
- Potential Back Draft Problems (-3 Pa)

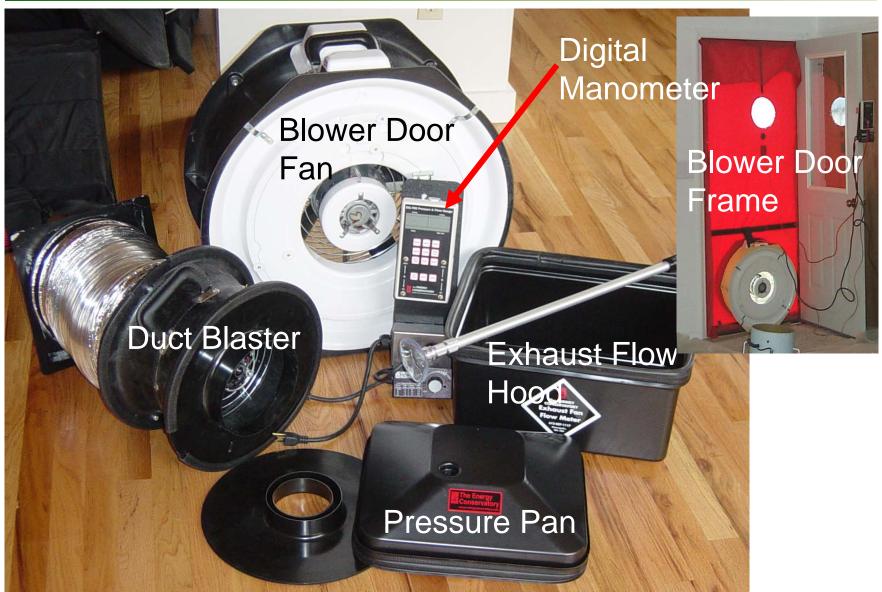




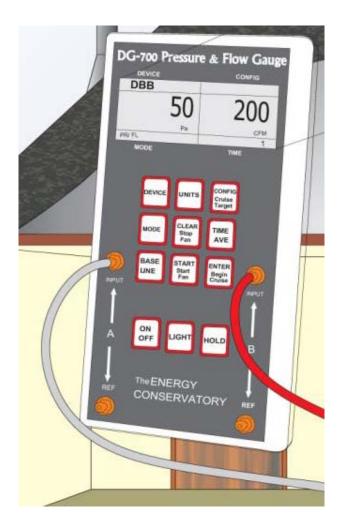


Source: PTCS

#### **Typical Performance Testing Equipment**



#### The Manometer



There are several different types of manometers:

- Energy Conservatory DG 700
- Retrotec DM-2
- Infiltec DM-4

For PTCS trainings, we use Energy Conservatory Equipment

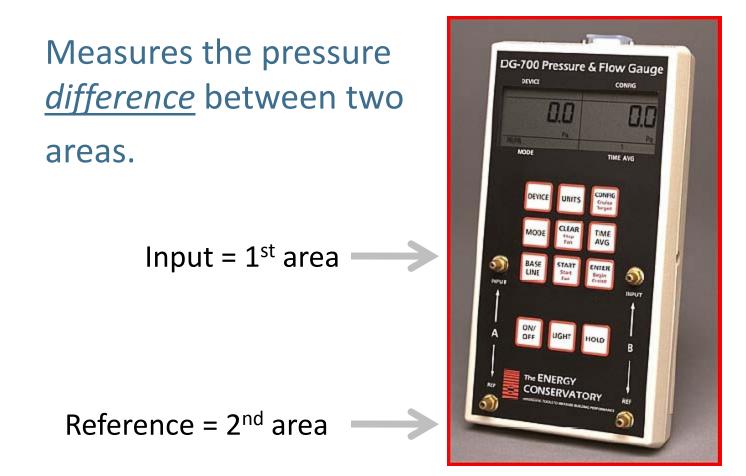
# **Energy Conservatory**

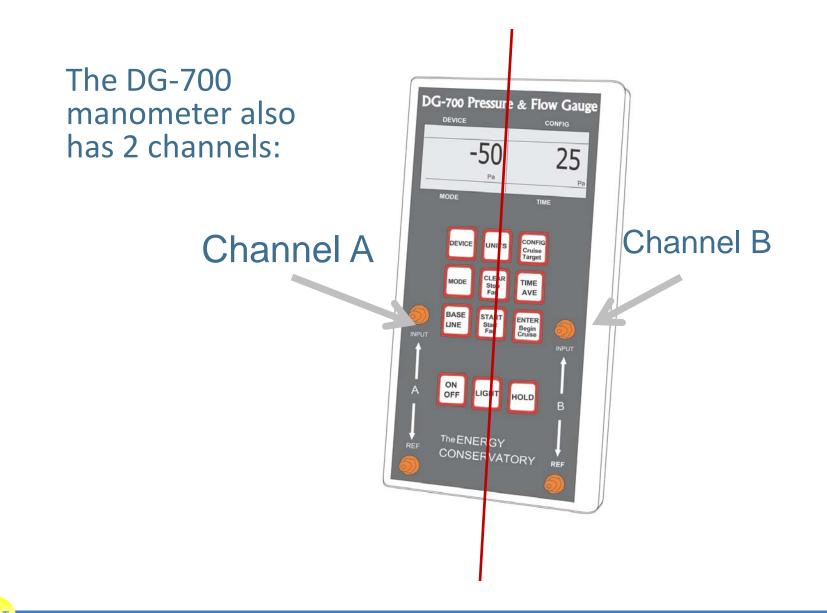
Key references for the discussion of performance testing are available on the web at:

http://www.energyconservatory.com/support/support5.htm

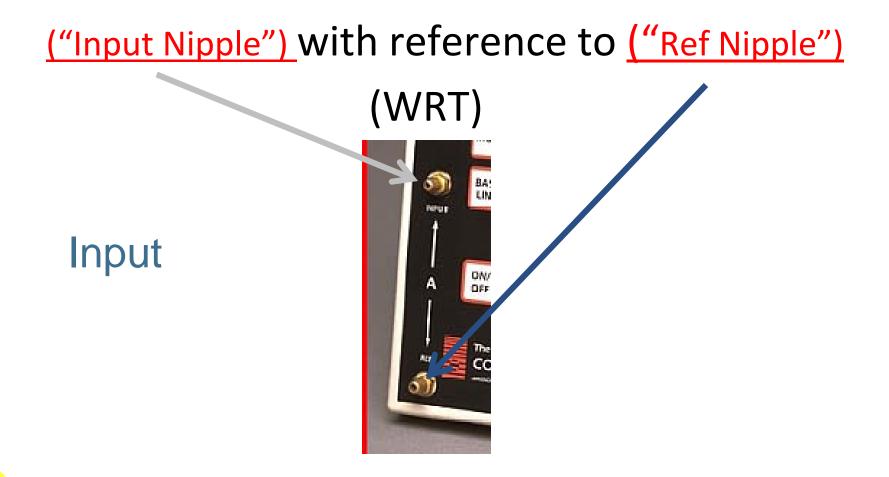
- Blower Door Operation Manual
- Quick Guide #DEP700-CR 1 Point Depress Test with DG-700
- Duct Blaster Operation Manual
- Quick Guide #PR700-CR 1 Point Total Leakage Press Test with DG-700
- Quick Guide #PR700 (Outside) 1 Point Leakage to Outside Press Test with DG-700



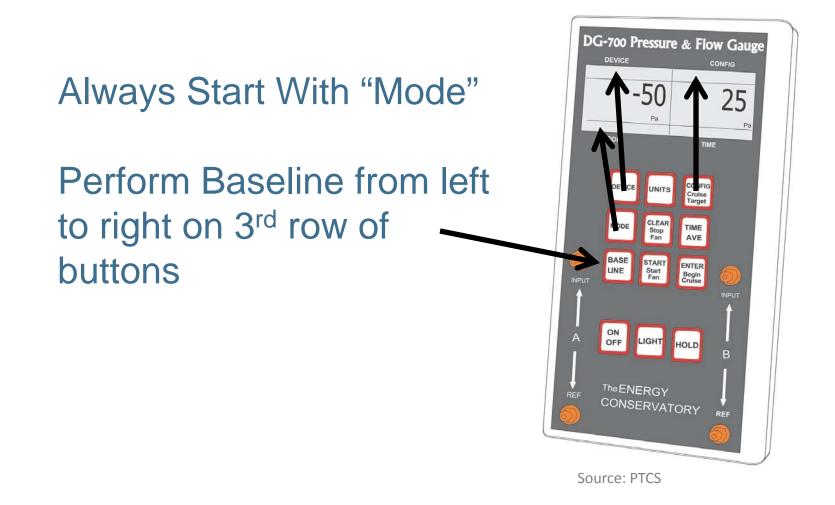




# The Manometer Mantra:

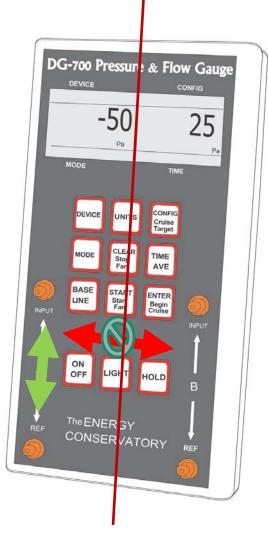


# DG700 Tips



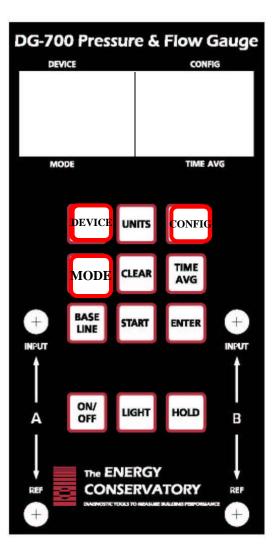
• Displays the *difference* in pressure between the <u>input</u> and the reference.

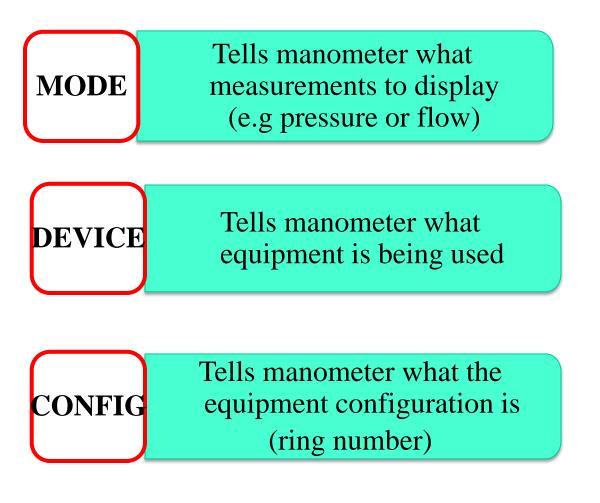
• Does not display the difference in pressure between channels.



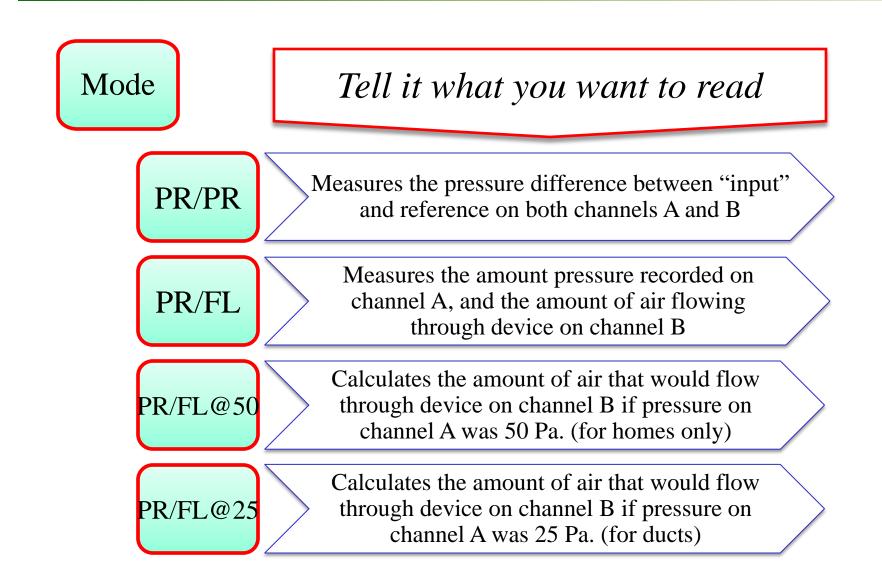
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## **Configuring the Manometer**

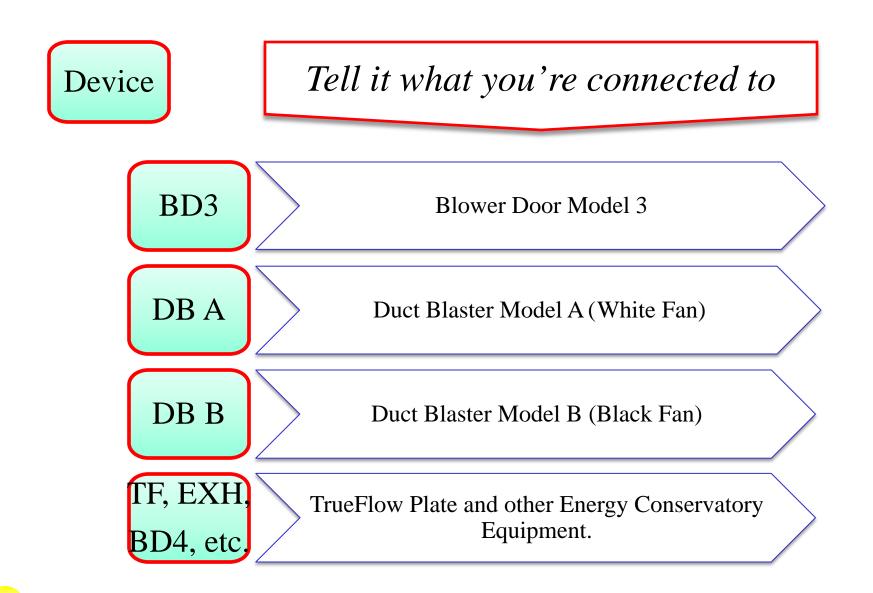




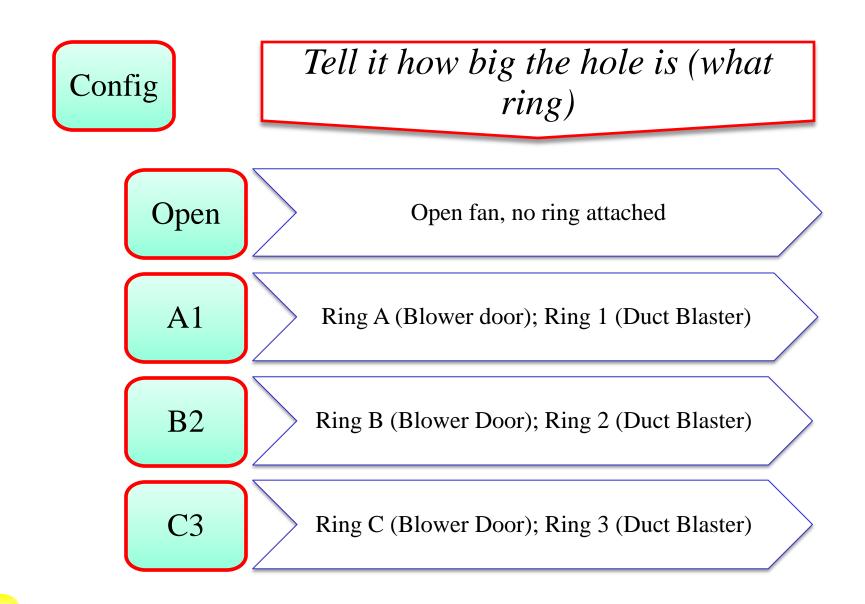
#### Configuring the Manometer - MODE



#### Configuring the Manometer - Device



## Configuring the Manometer - Config

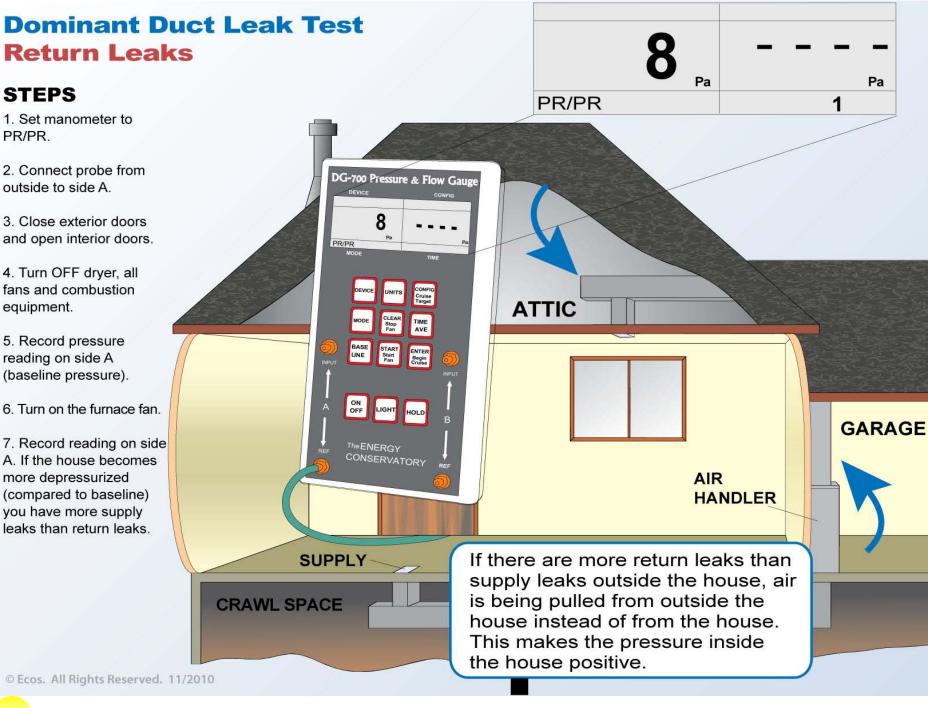


- 1. Dominant Duct Leakage Test
- 2. Room Zonal Pressure Difference Test
- 3. Combustion Appliance Zone Test
- 4. Blower Door Test\*
- 5. Zonal & Pressure Pan Tests w/ BD fan
- 6. Total Duct Leakage Test\*
- 7. Duct Leakage to the Outside Test\*
- 8. Exhaust Fan Flow Test
- \* Indicates test related to code

#### **PTCS Duct Training – New Construction**

# Dominant Duct Leakage Not a Code Required Test





#### Dominant Duct Leak Test Supply Leaks

#### STEPS

1. Set manometer to PR/PR.

2. Connect probe from outside to side A.

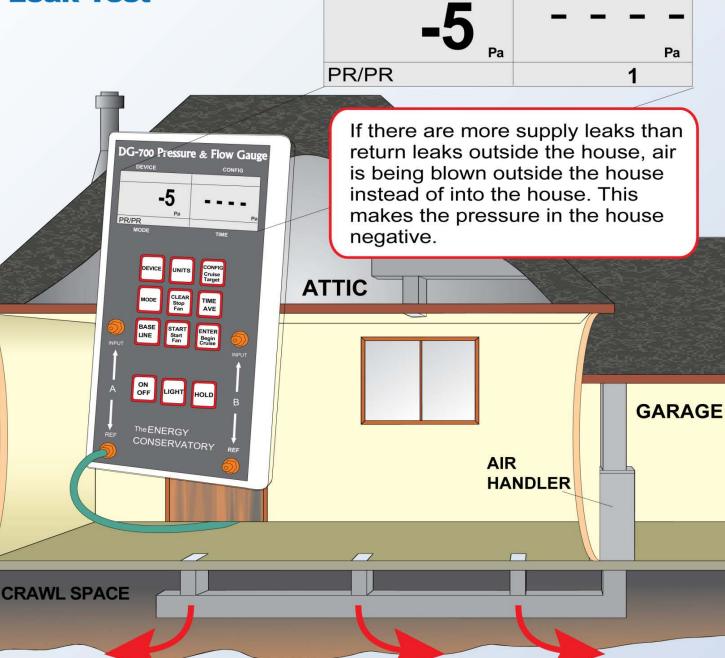
3. Close exterior doors and open interior doors.

4. Turn OFF dryer, all fans and combustion equipment.

5. Record pressure reading on side A (baseline pressure).

6. Turn on the furnace fan.

7. Record reading on side A. If the house becomes more depressurized (compared to baseline) you have more supply leaks than return leaks.



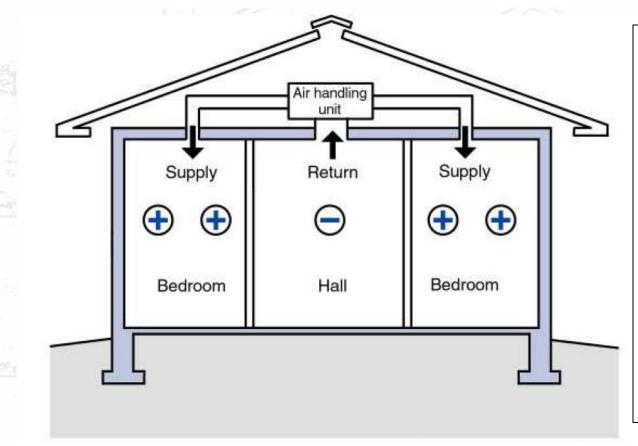
#### **PTCS Duct Training – New Construction**

Room Zonal Pressure Difference

Not a Code Required Test



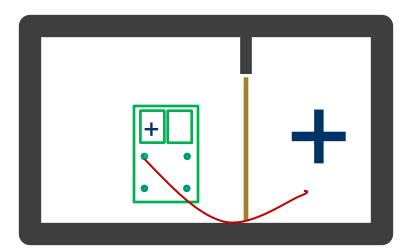
#### **Room Zonal Pressure Test**



The NWESH program requires that the pressure between bedrooms and common area be tested to assure that the pressure difference in no more than 3 Pa.

#### **Zonal Pressure Test**

Measure pressure difference between room and central zone of home.



What is the pressure in the room WRT the central zone?

#### **PTCS Duct Training – New Construction**

Combustion Appliance Zone Test

Not a Code Required Test



### What' A CAZ?

Any zone in the house , including the garage, that contains a vented combustion appliance



# Causes of CO in Homes

- Urban Traffic
- Cars started in garages
- Unvented combustion equipment
- Backdrafting combustion equipment
- Failed heat exchangers



- Really dumb stuff (barbecuing indoors, running generators indoors etc
- If there is Combustion there might be CO

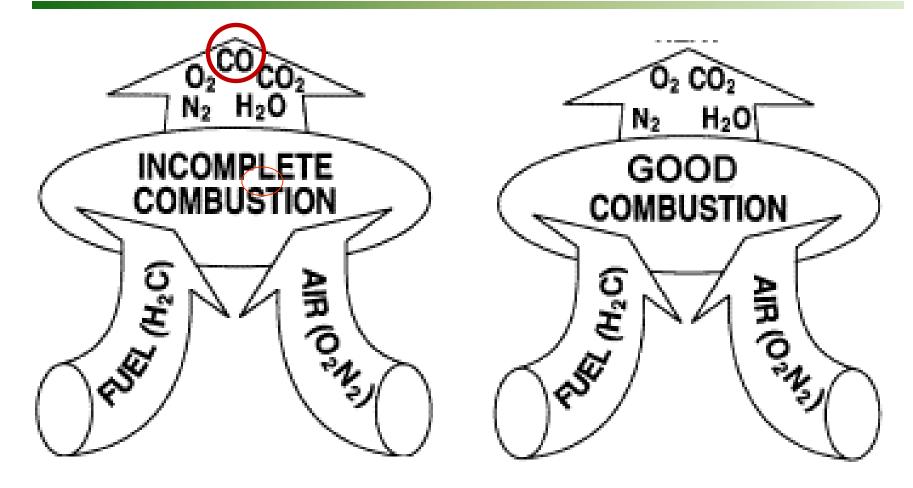




# Carbon Monoxide (CO)

PPMCO in air	Percent CO in air	Symptoms experienced by healthy adults	Comments
Less than 35 ppm	0.00%	No effect in healthy adults	35 ppm is WISHA 8-hour average permissible limit
100 pp m	0.01%	Slight headache, fatigue, shortness of breath, errors in judgment	
200 pp m	0.02%	Headache, fatigue, nausea, dizziness	200 ppm is the WISHAceiling limit
400 pp m	0.04%	Severe headache, fatigue, nausea, dizziness, confusion, can be life-threatening after 3 hours of exposure	
800ppm	0.08%	Headache, confusion, collapse, death if exposure is prolonged	
1500 ppm	0.15%	Headache, dizziness, nausea, convulsions, collapse, death within 1 hour	Levels greater than 1500 ppm are considered "immediately dangerous to life or health" (IDLH)
3000ppm	0.30%	Death within 30 minutes	
6000 pp m	0.60%	Death within 10-15 minutes	
12,000ppm	1.20%	Nearly instant death	

#### Carbon Monoxide (CO)



## Unvented Combustion Equipment - Not Safe



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#### NFPA Standard 54 Combustion Venting Categories

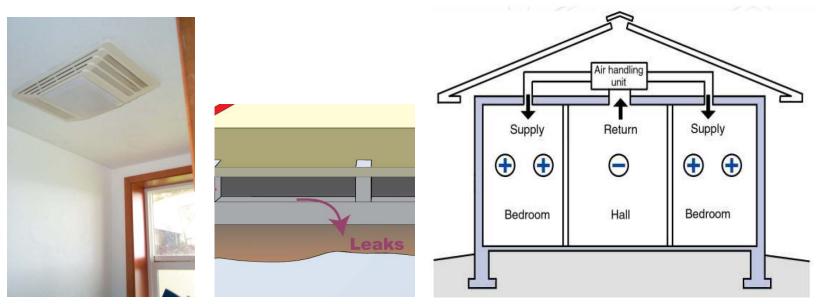
- Class I Negative Pressure Venting Non-Condensing
- Class II Negative Pressure Venting Condensing
- Class II Positive Pressure Venting Non-Condensing
- Class IV Positive Pressure Venting Condensing

# Why Category I Appliances Vent

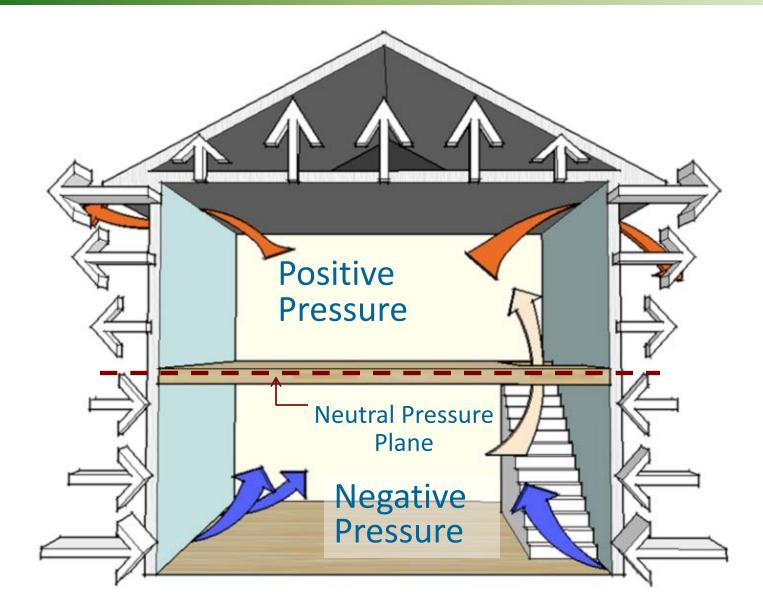


## The Driving Forces That Change Air Pressure in a House

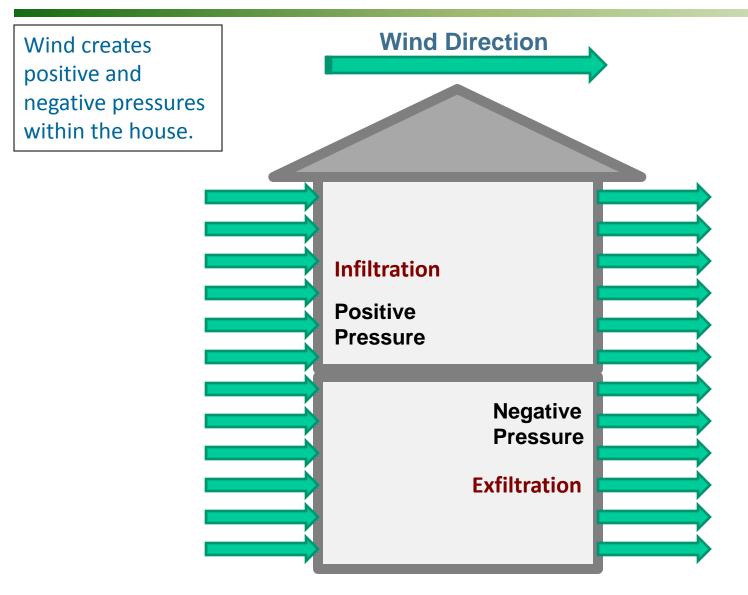
- Wind
- Stack (the Chimney effect)
- Exhaust Fans
- Duct leakage
- Unbalanced forced air systems (interior door closure)



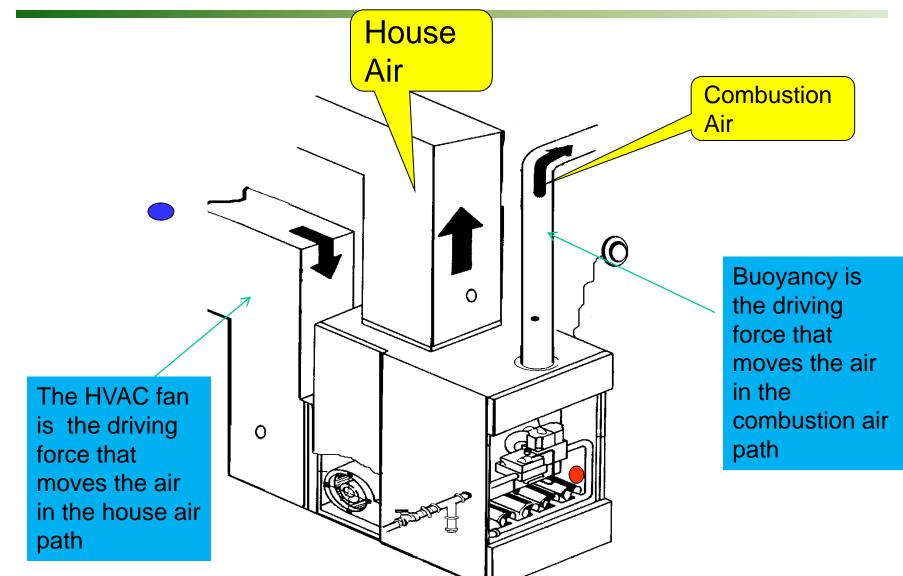
#### Stack Effect: The most persistent consistent pressure effect.



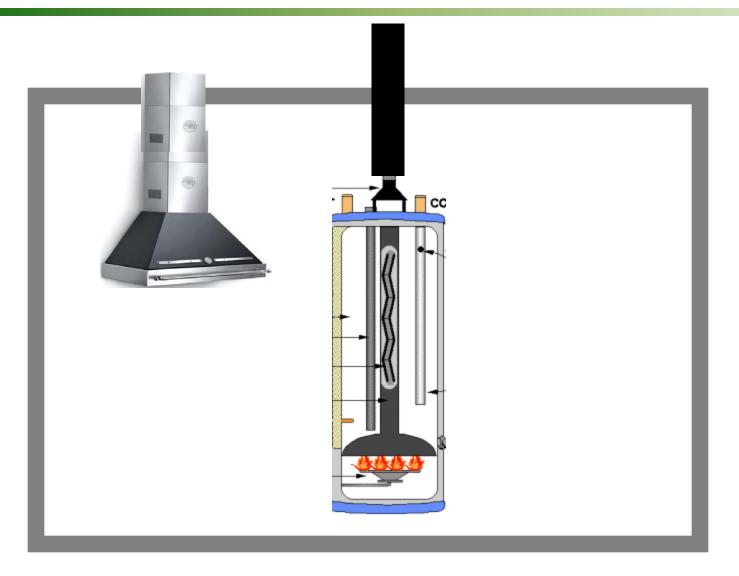
#### Wind Driven Pressures



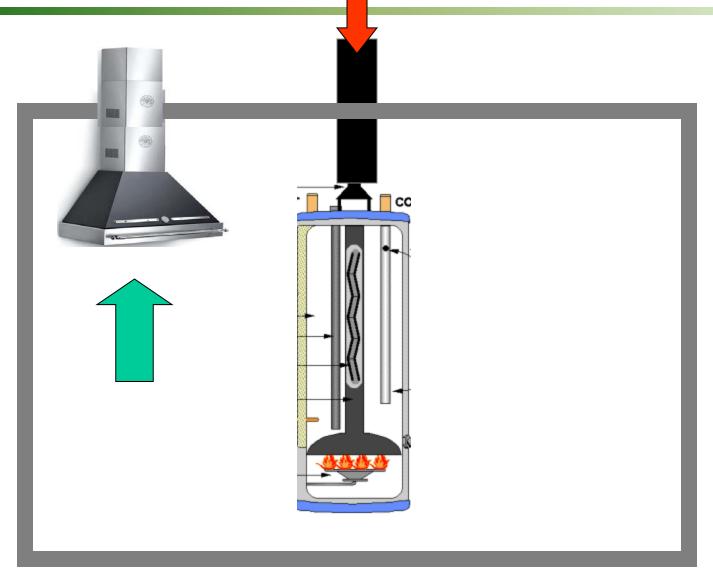
#### The Two Paths of Air in a Furnace

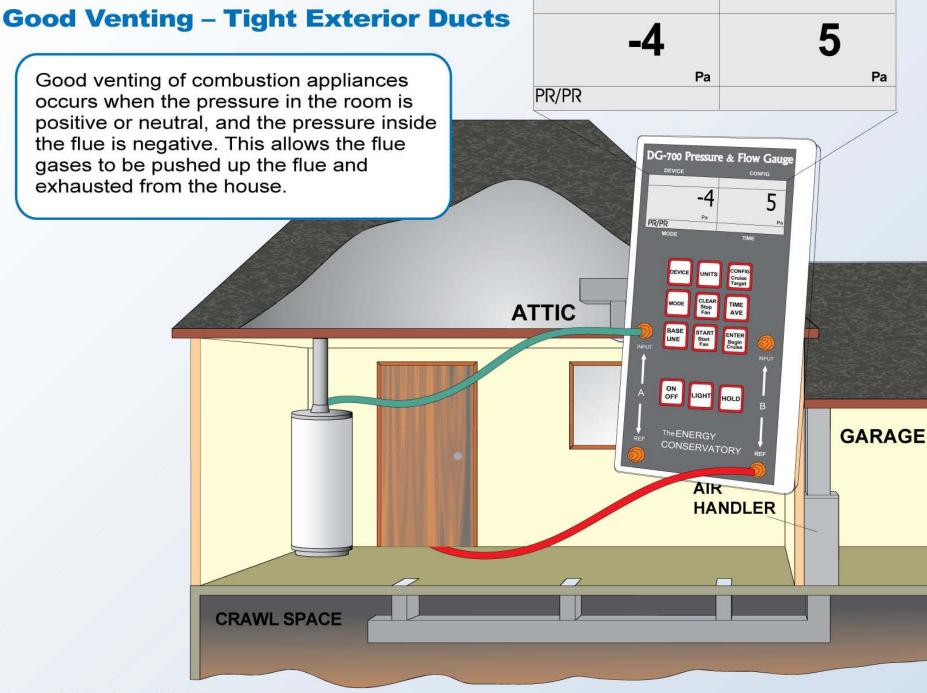


### Correct Venting, Gas water Heater Venting Successfully



# Large Kitchen Fan Backdrafting Gas Water Heater





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#### **Backdrafting due to negative** pressure in CAZ

Backdrafting of combustion appliances may occur when the room (the CAZ) is negative due to a) exterior supply duct leaks, b) interior return duct leaks, or c) big exhaust fans or appliances. These cause the pressure inside the room to be negative which may effectively pull flue gases down the flue into the room.

Pa Pa PR/PR DG-700 Pressure & Flow Gauge CONFIG Cruise Target CLEAR Stop Fan TIME ATTIC BASE START ENTER LINE Start Begin Fan Cruise ON OFF LIGHT HOLD GARAGE TheENERGY CONSERVATORY AIR HANDLER **CRAWL SPACE** 

## Home Appliance Induced Depressurization

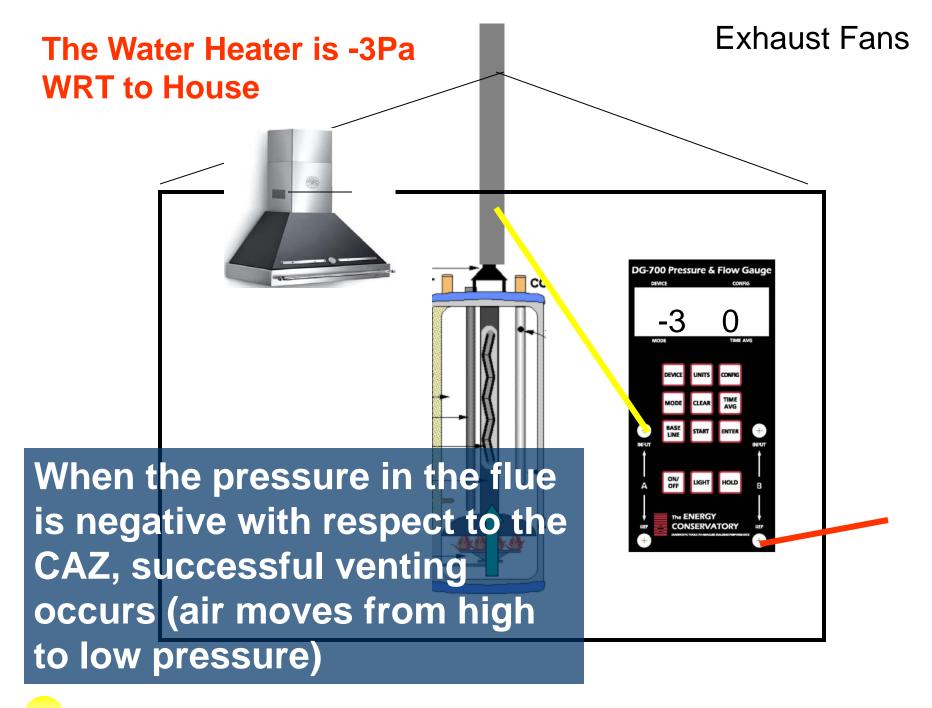




### **Beware of Over Sized Fans**

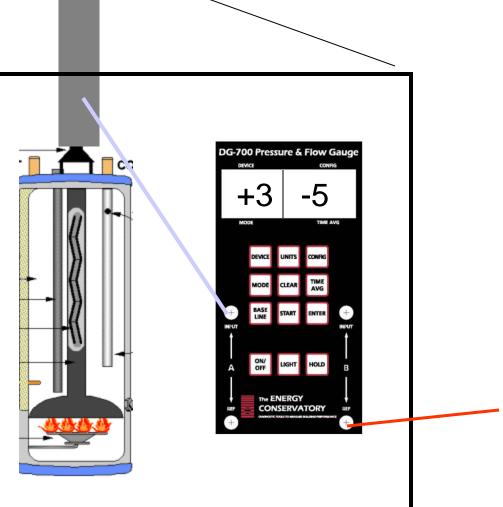
- Tim Allen "More Power" Kitchen fans are sometimes rated at 1,200 CFM.
- Installed in a commercial environment, code would require make up air.



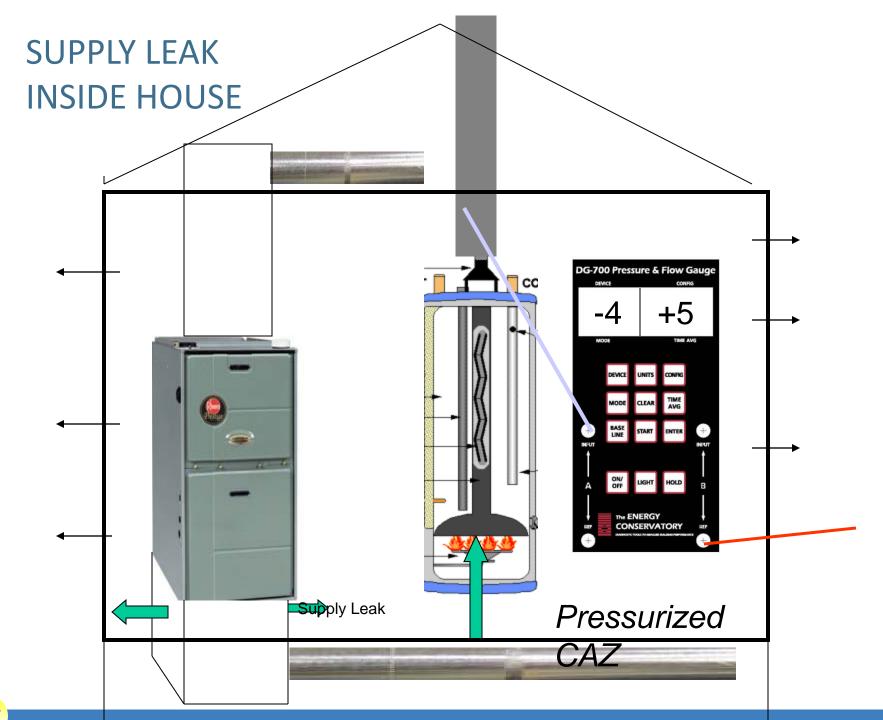


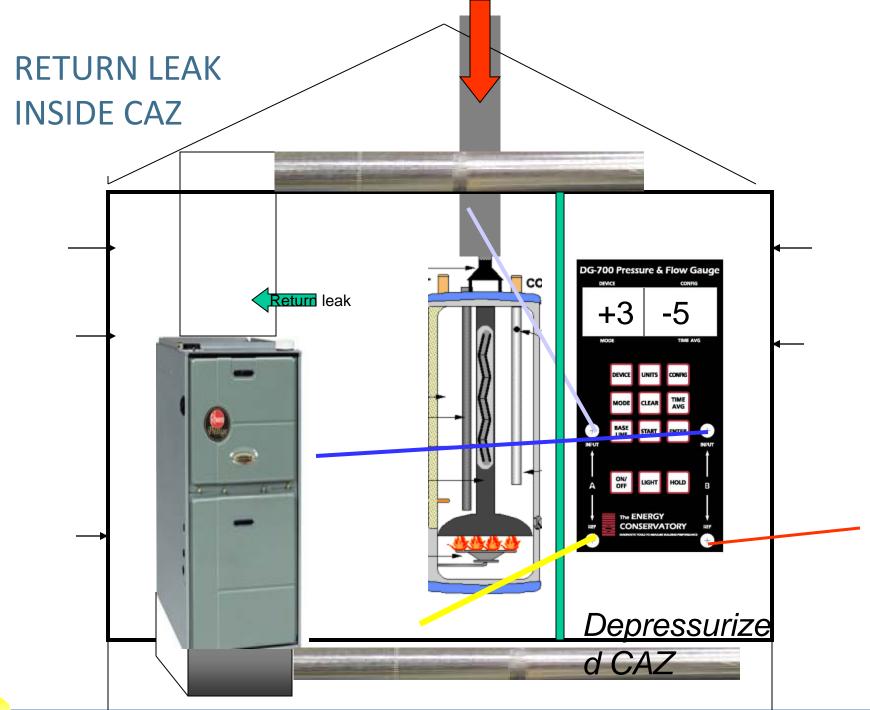


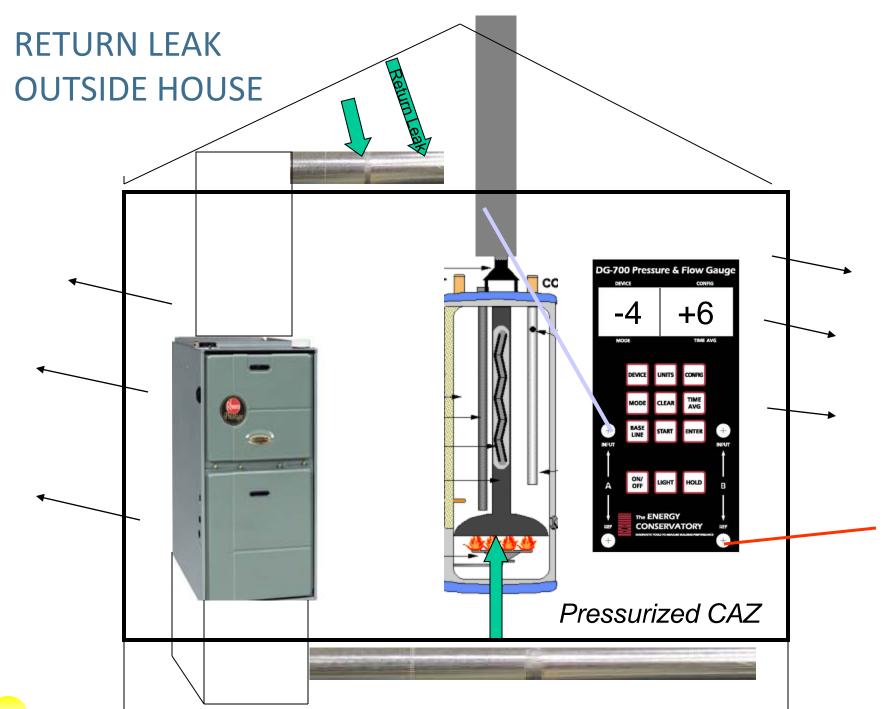
When the pressure in the flue is positive with respect to the CAZ backdrafting occurs. (air moves from high to low pressure)

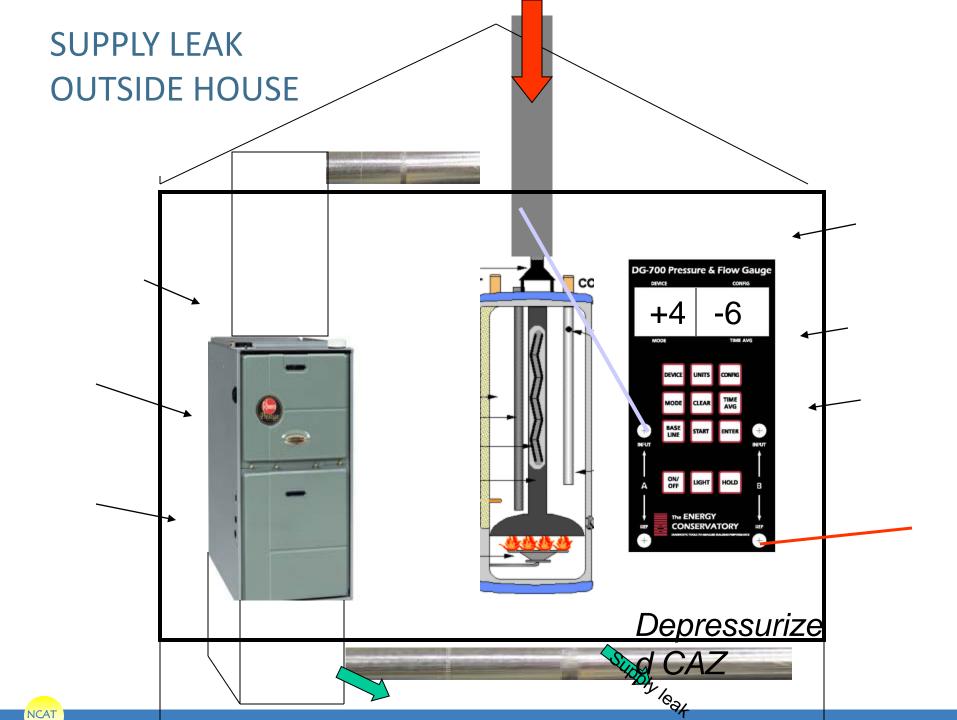


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#### **CAZ (Combustion Appliance Zone) Test**



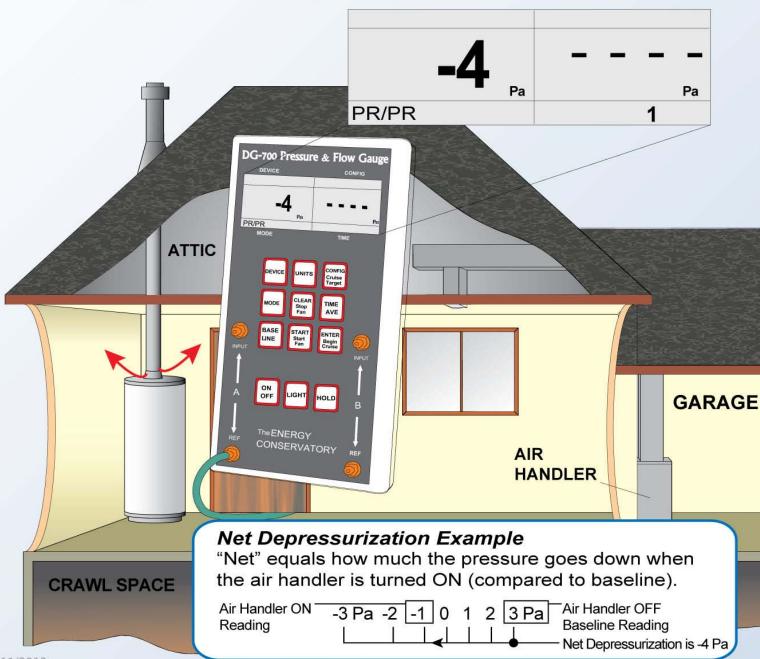
1. Stand in the combustion appliance zone (CAZ) (e.g. in the house, if the atmospherically vented combustion appliance is in the house).

2. Set Manometer to PR/PR. Connect hose from reference on side A to outside.

3. Read baseline pressure in the CAZ on side A.

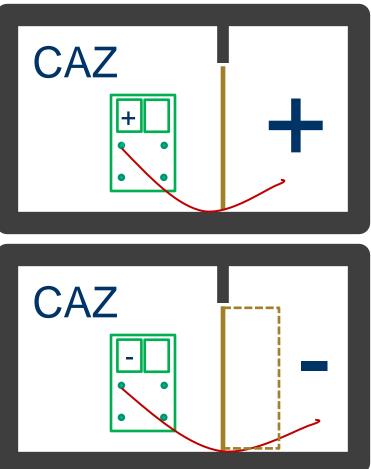
4. For the three conditions outlined below, set up the house as described then read the pressure. How much did it change? If it went down by 3 Pa or more compared to baseline, there may be a risk of backdrafting

- A) Turn on the air handler
- B) Close Interior Doors
- C) Turn on all exhaust appliances such as fans and dryer (note: this step is not required by PTCS)



If zone behind closed door is

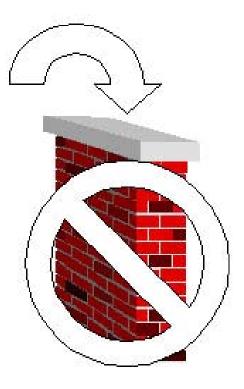
# Positive WRT CAZ Leave door closed



# Negative WRT CAZ Open door

## **Fixing The Problem**

- Make more holes in the house
- Push more air into the house
- Suck more air out of the venting system
- Get rid of the back drafting appliance
- Get rid of the source of depressurization



#### BACKDRAFTING

## Removing the Source of Depressurization

- Seal holes in top of building
- Seal return duct leaks in the CAZ
- Seal supply leaks outside the envelope of the house
- Eliminate high speed on oversized kitchen fans



## Combustion Appliance Zone Pressure Test Example

Baseline in CAZ	AZ -3 Pa <u>Adjust</u>	
Air Handler On	-4 Pa	-1 Pa
Basement Bath Fan	-6 Pa	-3 Pa
1 <sup>st</sup> Floor Bath Fan	-8 Pa	-5 Pa
Kitchen Fan	-14.5 Pa	-11.5 Pa
2 <sup>nd</sup> Floor Bath Fan	-17 Pa	-14 Pa
Clothes Dryer	-19 Pa	-16 Pa



## House Depressurization Limits (HGL) Per EC

Appliance Type	Depressurization Limits	
Individual Natural Draft Water Heater	(WH) 2 Pa	
Natural Draft WH & Natural Draft Furn	ace or Boiler 3 Pa	
Natural Draft WH & Induced Draft (ID)	Furnace/Boiler 5 Pa	
Individual Natural Draft Furnace/Boiler	r 5 Pa	
Individual ID Furnace/Boiler	15 Pa	а
Power Vented & Sealed Combustion A	Appliances >25 F	Ъа

From the <u>Minneapolis Blower Door Operation Manual</u> published by the Energy Conservatory



#### **PTCS Duct Training – New Construction**

#### **Blower Door Test**

## A Code Required Test (for all homes)



### The Blower Door



#### **Blower Door**

Measure how much air leaks through cracks and ducts

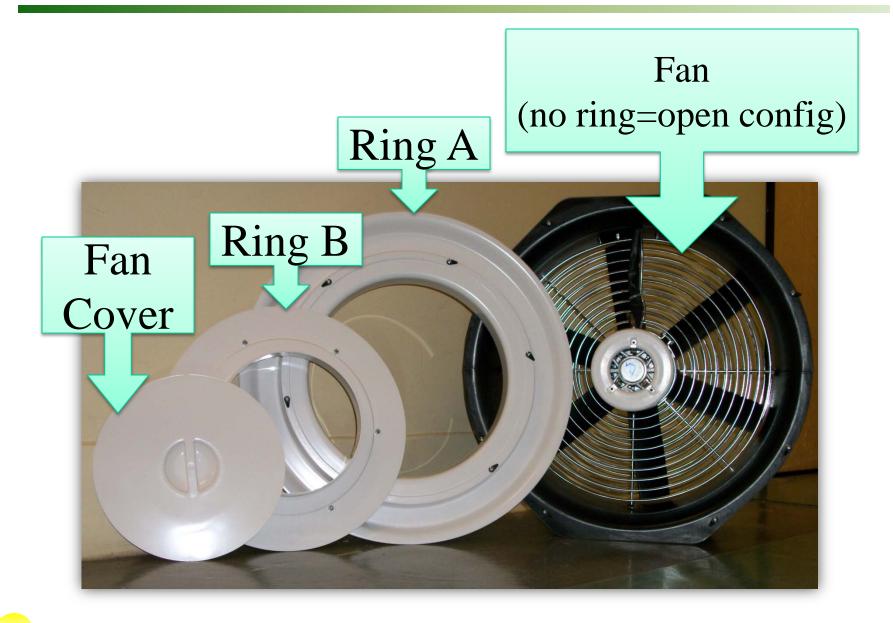
If the fan is blowing 2,000 cfm out of the house, and it's staying at the same pressure (-50 Pa), there must be 2,000 cfm of air leaking through holes in the house

# **Typical House Tightness Levels**

		CFM
	<u>ACH50</u>	<u>2000 SF</u>
Older Homes	10+	>2600
Typical New Home ~2000	7	1800
2009 IECC Tightness Limit Zone 6	7	1800
Montana State Energy Code	4	1050
Proposed MT State Energy Code	4	1050
Energy Star Homes	4	1050
Idaho New Homes 2013	3.6	930
2012 IECC Tightness Limit Zone 6	3	800

Example based on 2,000  $Ft^2$  house with n = 14.5.

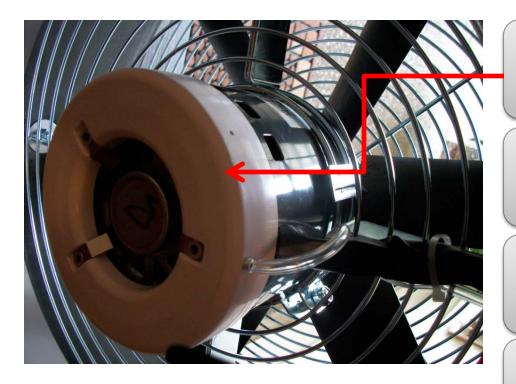
#### **The Blower Door Parts - Rings**



#### The Blower Door – The Skin



#### Blower Door Parts – the Pressure Sensor Ring



Pressure sensor on front side of fan

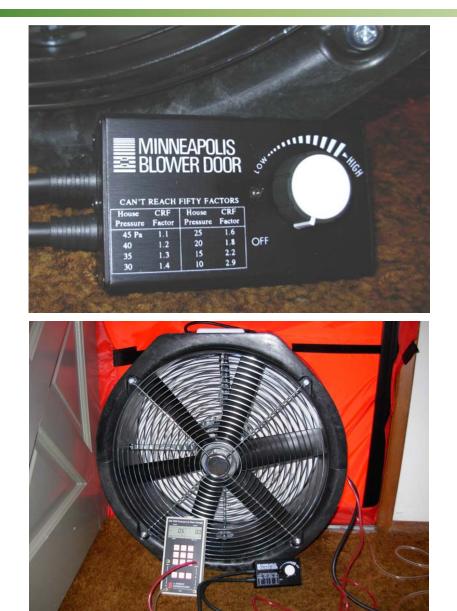
Manometer measures pressure difference

The higher the pressure drop, the bigger the flow

Given the same configuration (ring size) the higher the pressure, the bigger the flow

Higher Pressure = More Flow

#### The Measurement



### Pressurizing the House

#### Pressure x hole size = flow

Energy Conservatory Blower Door Model 3			
Fan Configuration	Flow Range (CFM)		
Open Fan	6300 - 2430		
Ring A	2800 - 915		
Ring B	1100 - 300		
Ring C	330 - 85		

The larger the opening, the greater the flow.

#### Safety Mandates



- 1. Do not use the blower door if you see one of these!
  - Fire (Pressurize the home = blast furnace)
  - Ash (Depressurize the home = ashes spread)
- All gas appliances

   (combustion furnaces and water heaters) must be off (set it to pilot)
- 3. House should be inspected for potential asbestos contamination

#### **Blower Door Test** Depressurizing a House

#### STEPS

1. Install blower door with fan exhausting air from house. Rings must be to the inside of the house.

2. Connect hoses as shown.

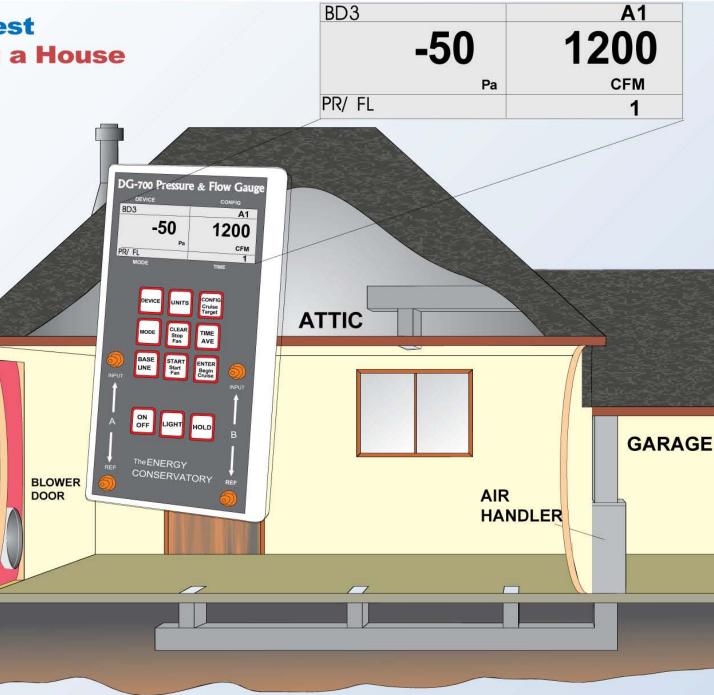
3. Manometer MODE should read PR/FL, CONFIG should reflect ring used (open, A, B, or C), and DEVICE should reflect BD3.

4. Open all interior doors. Close all exterior doors and windows.

5. Turn OFF airhandler, dryer, all fans and combustion equipment.

6. Turn on blower door, depressurize house to -50 Pascals (side A reading), +/- 0.5 Pa. (hint: canvas should be bulging inward). Use the smallest ring possible to get to -50 Pa. If you have to change the ring, be sure to reflect that in the manometer CONFIG setting.

7. Record reading on side B. This is your house cfm leakage at 50 Pa.



One-point and Multi-point Blower Door Test Procedures

(assumes DG-700)

- Perform baseline measurement (with fan sealed)
- Choose and install appropriate flow ring
- Select Device in DG-700 (i.e., BD-3)
- Select flow ring configuration in DG-700 (i.e., A1)

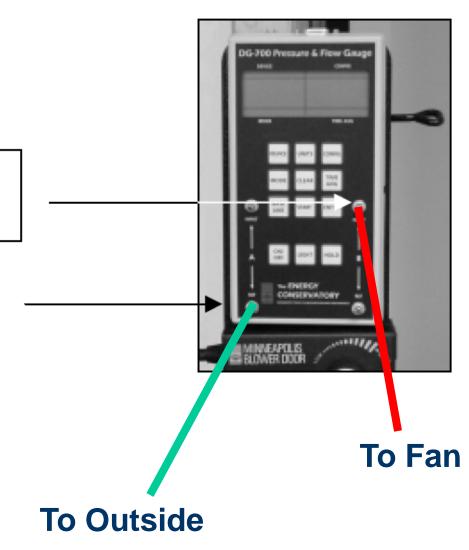
For One-point Test choose a mode setting of PR/FL@50, increase fan speed until channel A is to within 5 Pa of 50, Channel B will display the one-point leakage estimate.

For Multi-point test take readings such as 60, 50, 40, 30 Pa, use Tectite software to correlate data, use during windy periods or if greater accuracy is desired.

#### **Blower Door De-pressurization Test**

Connect the **Red** tubing to the Channel B Input tap. <u>Channel B is used to measure</u> <u>Fan pressure and flow.</u>

Connect the Green tubing to the Channel A Reference tap. <u>Channel A is used to</u> <u>measure building pressure with reference</u> <u>to outside.</u>



For DG-700 users, adjustment is made automatically if performing a one point test in PR/FL@50 mode

For DG-3 users if you can't depressurize house to 50 Pa with an open fan then adjust measured air flow with CRF

Example: House can only be depressurized to 28 Pa with measured fan flow of 5,600 CFM.

CRF = 1.46 so adjusted flow is **5,600 x 1.46 = 8,176 CFM** 

Table 2: Can't Reach Fifty Factors

Building Pressure	CRF	Building Pressure	CRF	
(Pa)	Factor	(Pa)	Fuctor	
48	1.03	28	1.46	
46	1.06	26	1.53	
44	1.09	24	1.61	
42	1.12	22	1.71	
40	1.16	20	1.81	
38	1.20	18	1.94	
36	1.24	16	2.10	
34	1.28	14	2.29	
32	1.34	12	2.53	
30	1.39	10	2.85	

## To calculate air changes per hour at 50 Pa:

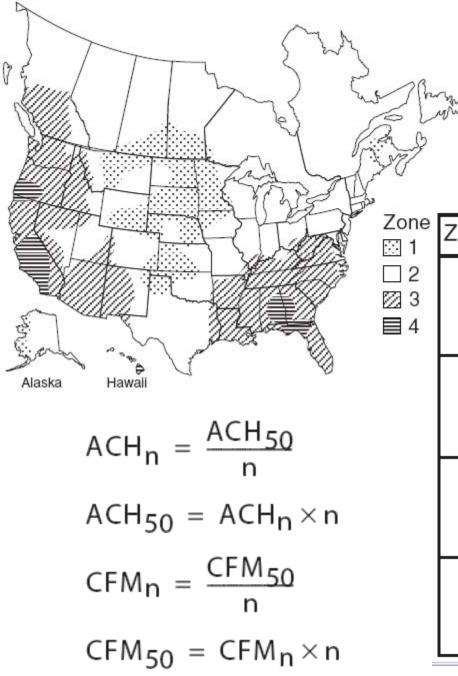
$$ACH_{50} = \frac{CFM_{50} \times 60}{House Volume}$$

The volume is cubic feet enclosed by the conditioned space boundary.

To convert air change rate at 50 Pa to the air change rate at natural conditions:

$$ACH_{nat} = \frac{CFM_{50} \times 60}{n \times House \ Volume}$$

n – The correlation factor shown on the following slide.



# Converting CFM50 to Air Change Values

(Provides Approximate Values)

n-Factor Table

Zone	# of stories 🔶	1	1.5	2	3
V	Well-shielded	18.6	16.7	14.9	13.0
1	Normal	15.5	14.0	12.4	10.9
	Exposed	14.0	12.6	11.2	9.8
	Well-shielded	22.2	20.0	17.8	15.5
2	Normal	18.5	16.7	14.8	13.0
	Exposed	16.7	15.0	13.3	11.7
	Well-shielded	25.8	23.2	20.6	18.1
3	Normal	21.5	19.4	17.2	15.1
	Exposed	19.4	17.4	15.5	13.5
	Well-shielded	29.4	26.5	23.5	20.6
4	Normal	24.5	22.1	19.6	17.2
	Exposed	22.1	19.8	17.6	15.4

An alternative means of quantifying building tightness is to estimate the leakage area associated with a specific air flow.

# House Air Leakage Area Estimates

- 1. Divide CFM50 by 10 to get square inches of leakage area. (Simple but approximate)
- Use TECTITE<sup>™</sup> software from the Energy Conservatory with multi-point blower door test.

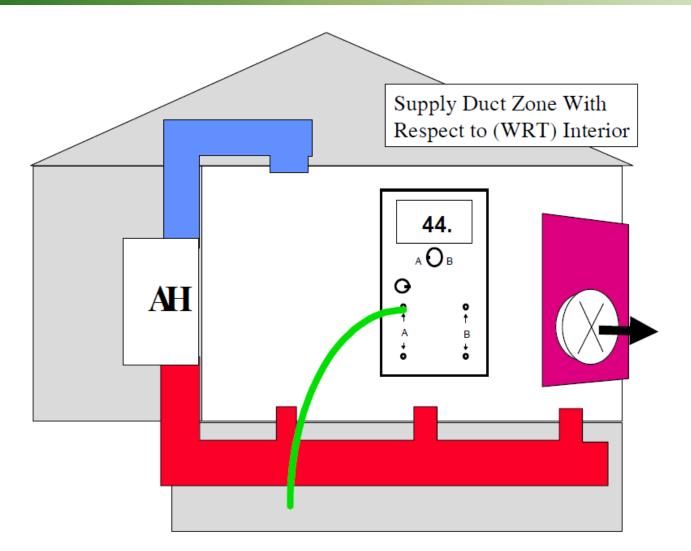
#### **PTCS Duct Training – New Construction**

Zonal and Pressure Pan Test w/ BD Fan

Not a Code Required Test

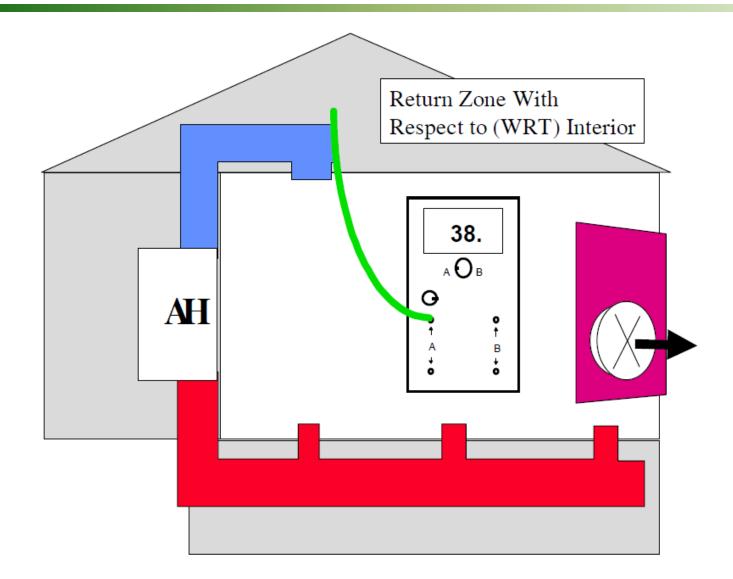


### **Zone Pressure Testing**



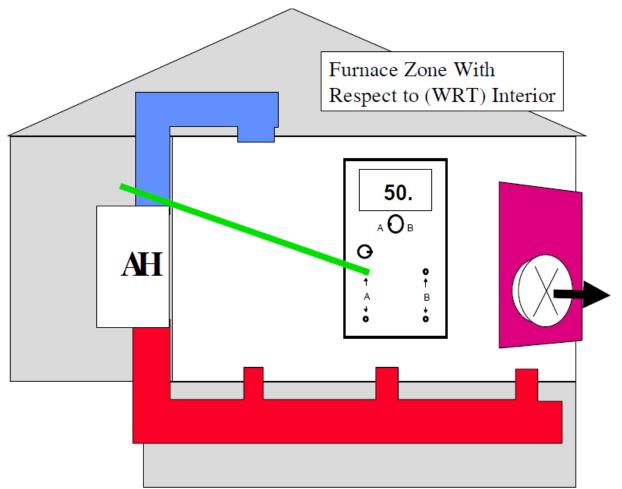
**Set Up:** Set up house for basic blower door test.

## Zone Pressure Testing

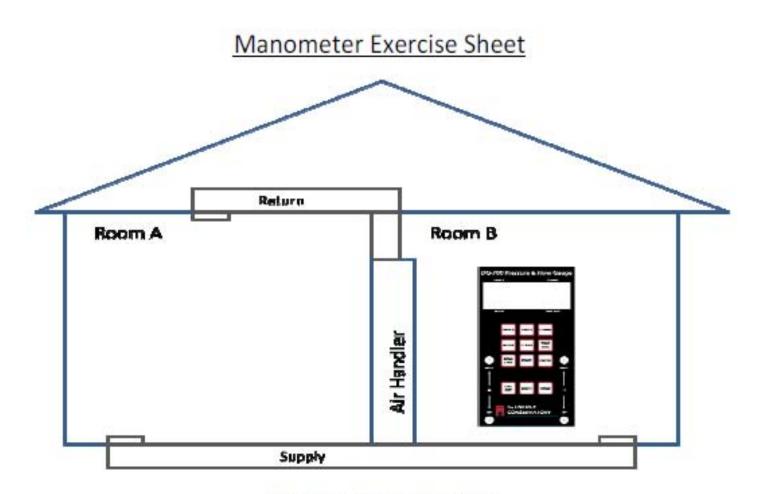


### **Read Zone Pressure**

**Example:** This Air handler (AH) is totally outside the conditioned area of the house.

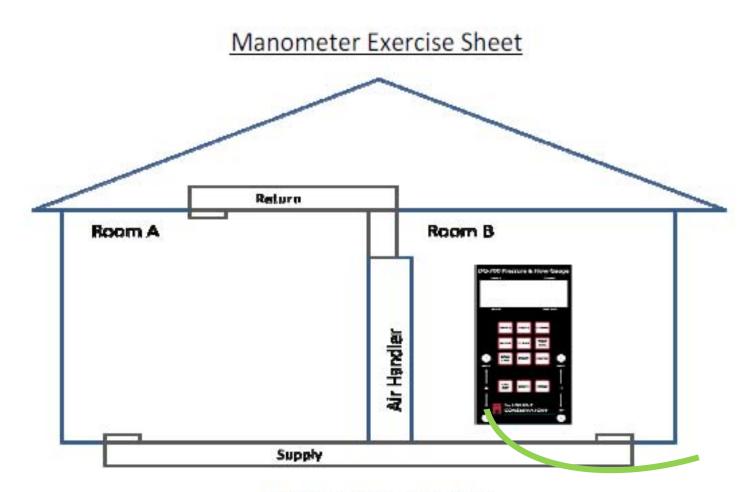


### House WRT outside



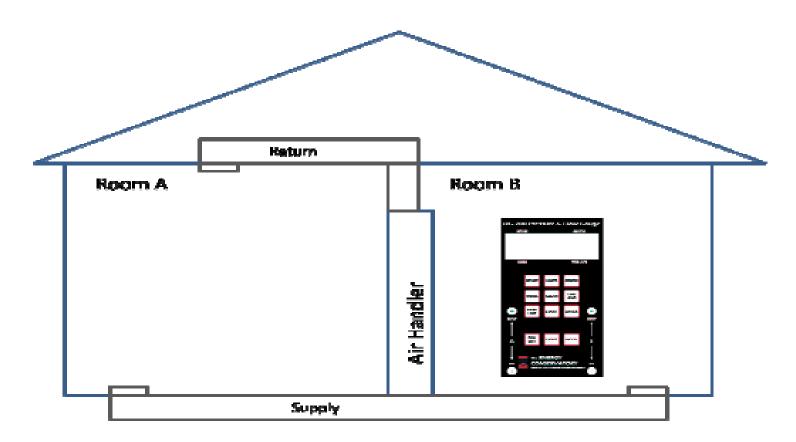
House with reference to outside

### House WRT outside



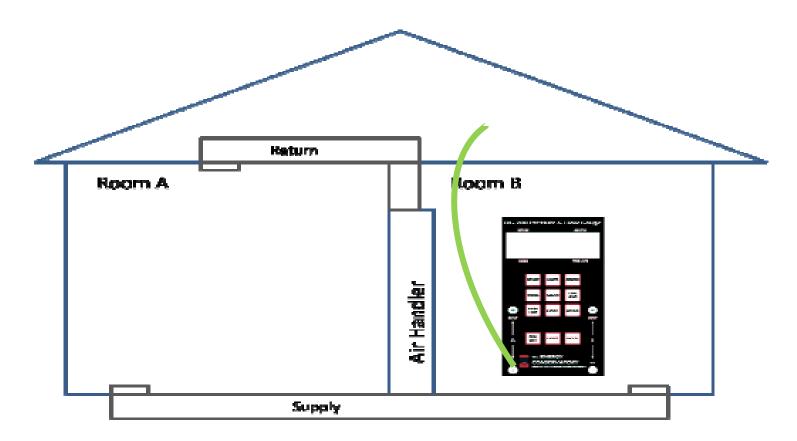
House with reference to outside

### House WRT Attic

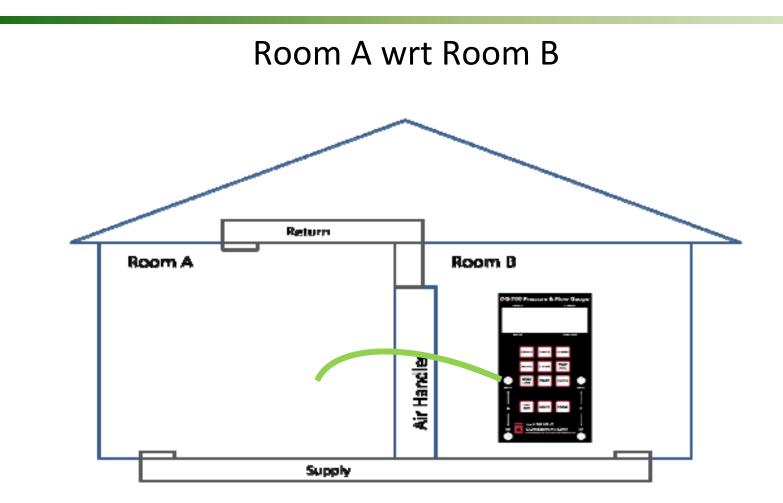


House with reference to attic

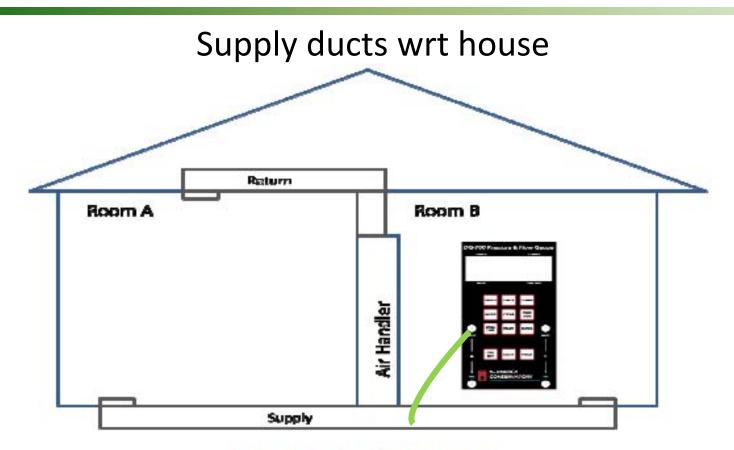
### House WRT Attic



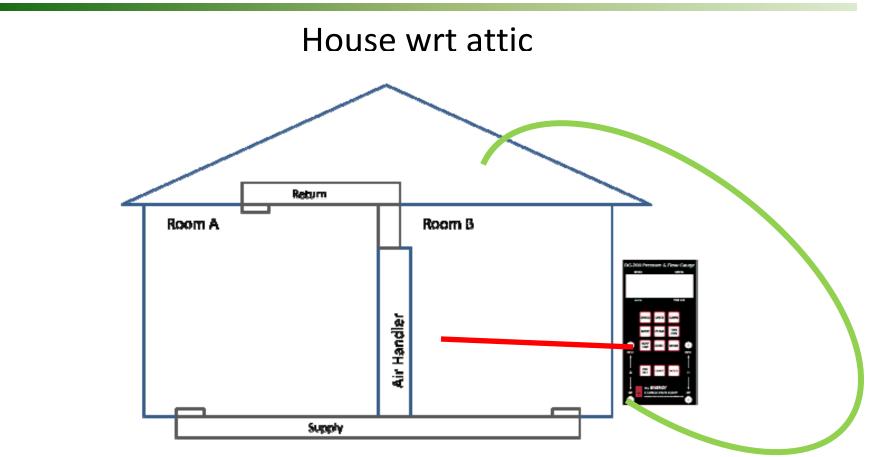
House with reference to attic



Room A with reference to room B

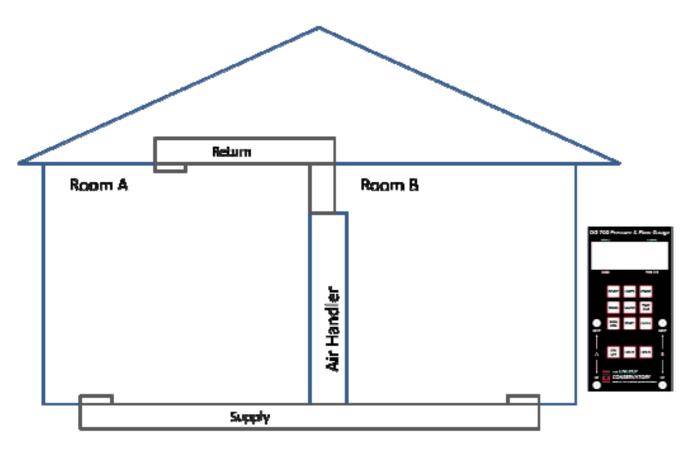


Supply ducts with reference to house



House with reference to attic

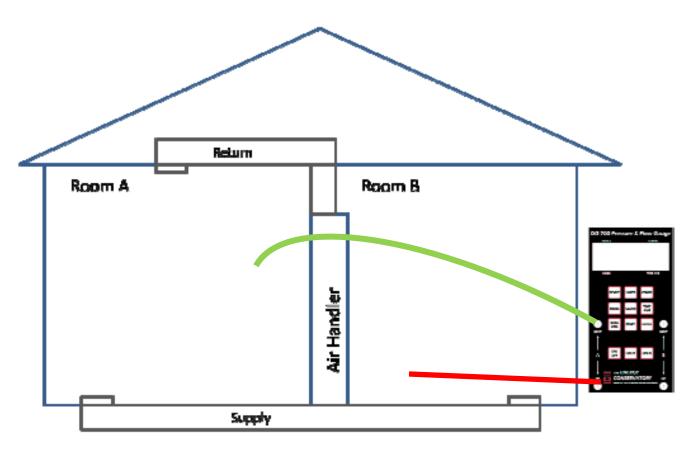
### Room A WRT Room B



Room A with reference to Room B

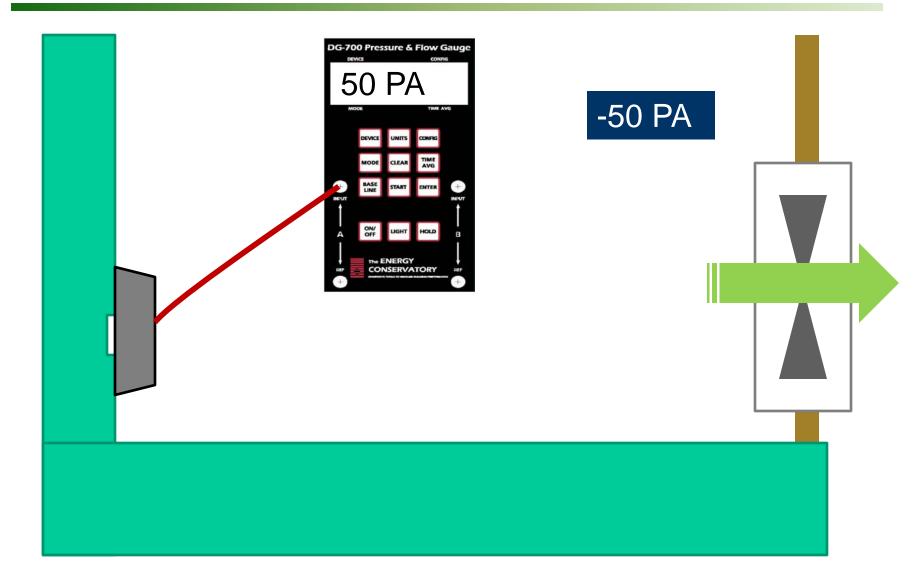
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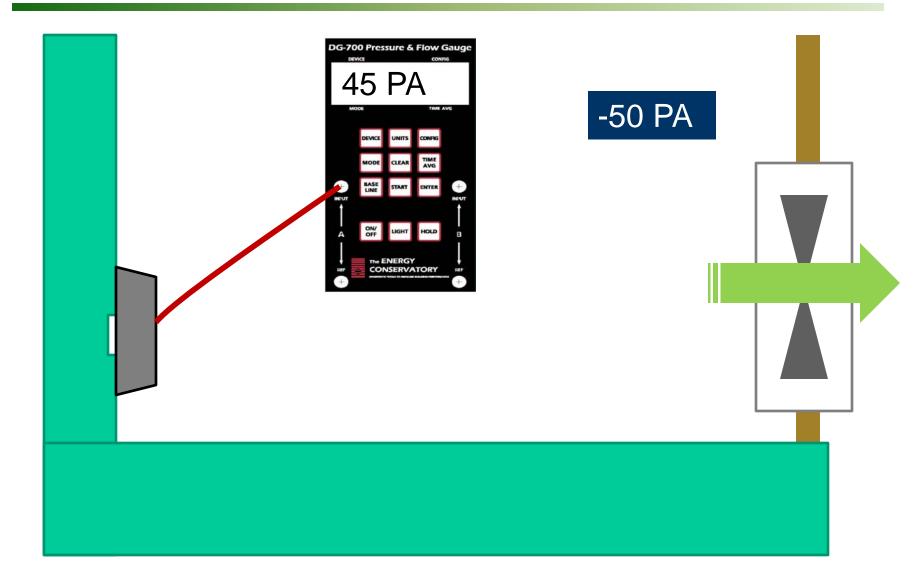
### Room A WRT Room B

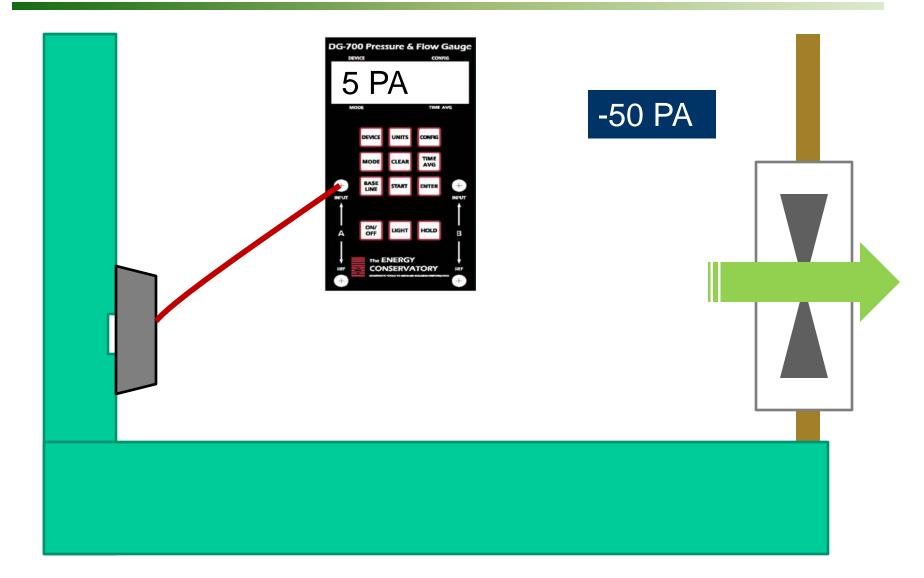


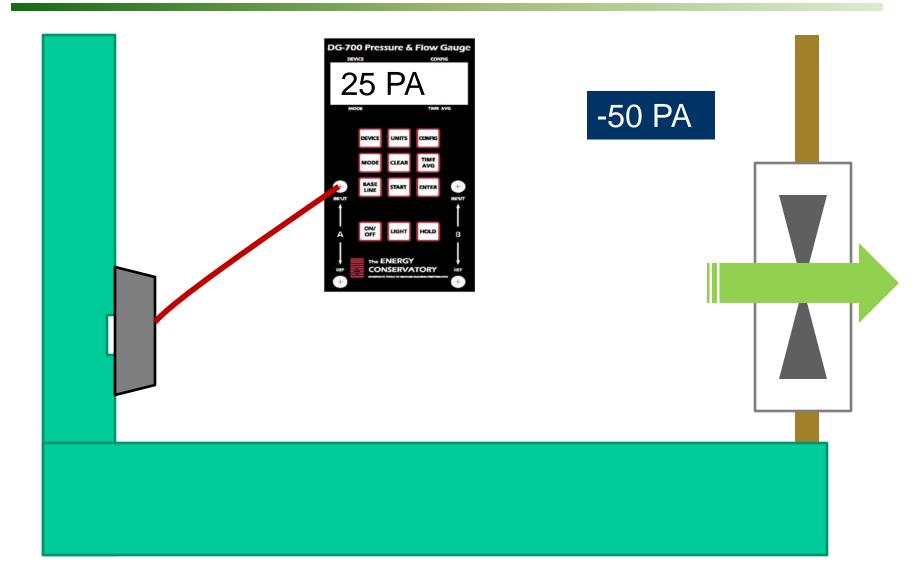
Room A with reference to Room B

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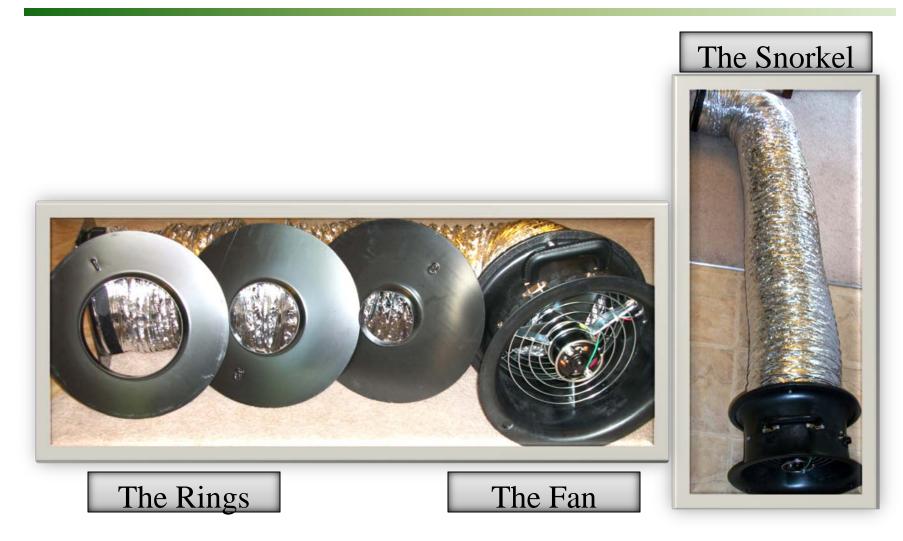
### **PTCS Duct Training – New Construction**

**Total Duct Leakage** 

A Code Required Test (for some homes)



### **Duct Blaster Parts**



### Flow = Pressure x Size of Hole



You control the pressure with the fan speed controller.

The rings change the size of the hole.

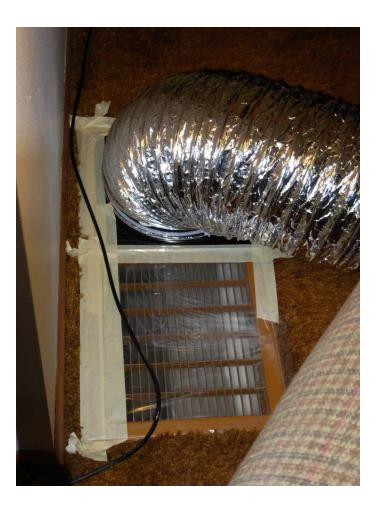
# Fan Configuration Flow Range (cfm) for Series B DB

- Open (no ring)
- Ring 1
- Ring 2
- Ring 3

- 1,500 600 cfm
- 800 225 cfm
- 300 90 cfm
- 125 10 cfm



### **Total Duct Leakage Test**



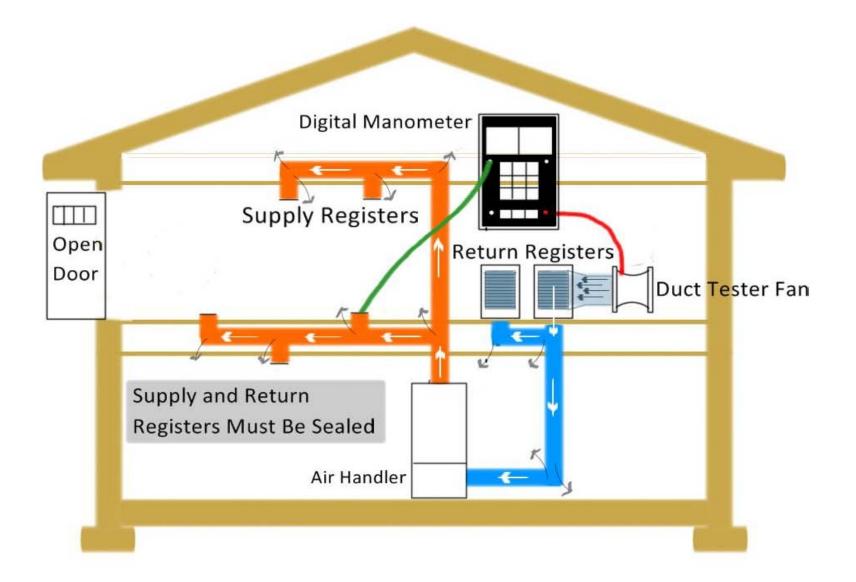
Duct blaster blows air into duct system (increases pressure)

Air blows out the leaks in the system (registers are blocked)

Air blowing <u>in</u> has to be blowing <u>out</u> (leaks)

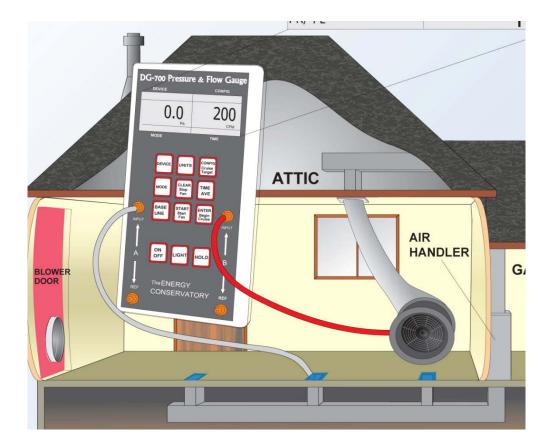
NCAT

## Total Duct Leakage Test

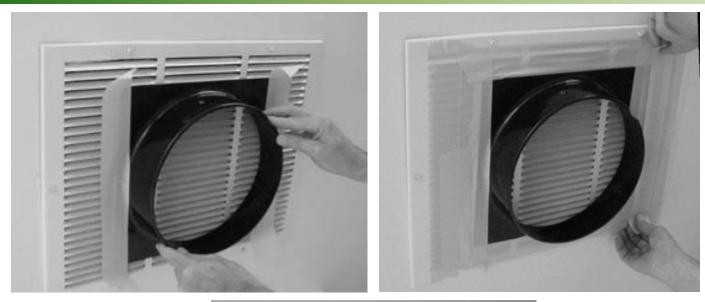


### Total Duct Leakage Set Up

- Side A measures duct pressure
- Side B measures fan pressure, and manometer reflects it as CFM



# Attaching to the Return Grille

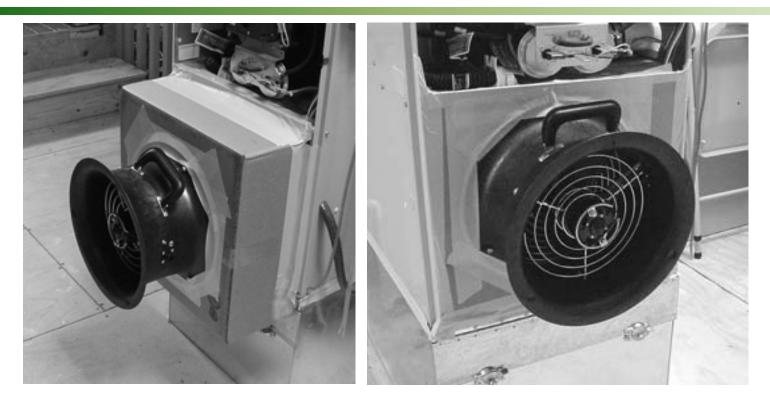




# Attaching to the Air Handler



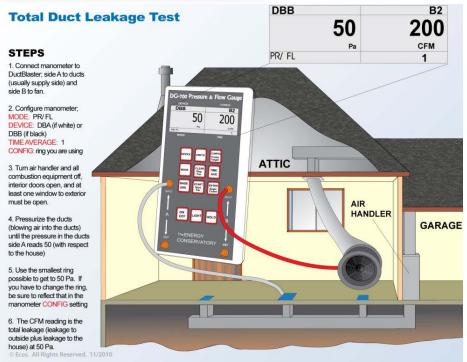
### Direct Attachment to the Air handler



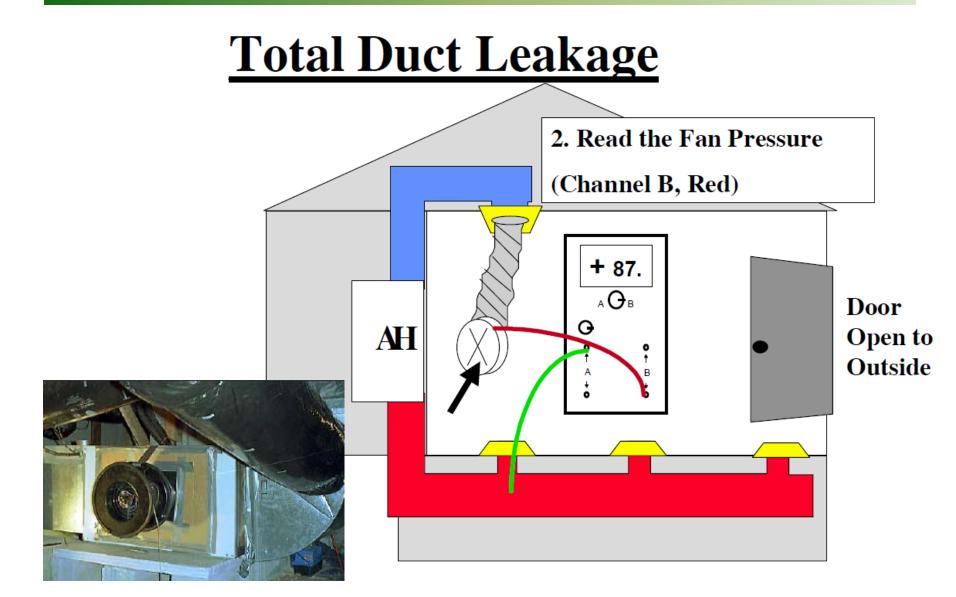
# Steps for Total Duct Leakage Test

- 1. Seal Registers, Remove Filters
- 2. Connect duct blaster
- 3. Insert Pressure probe in one of the registers
- 4. Configure Manometer
- Connect hose from register to manometer, and fan pressure fitting to the manometer



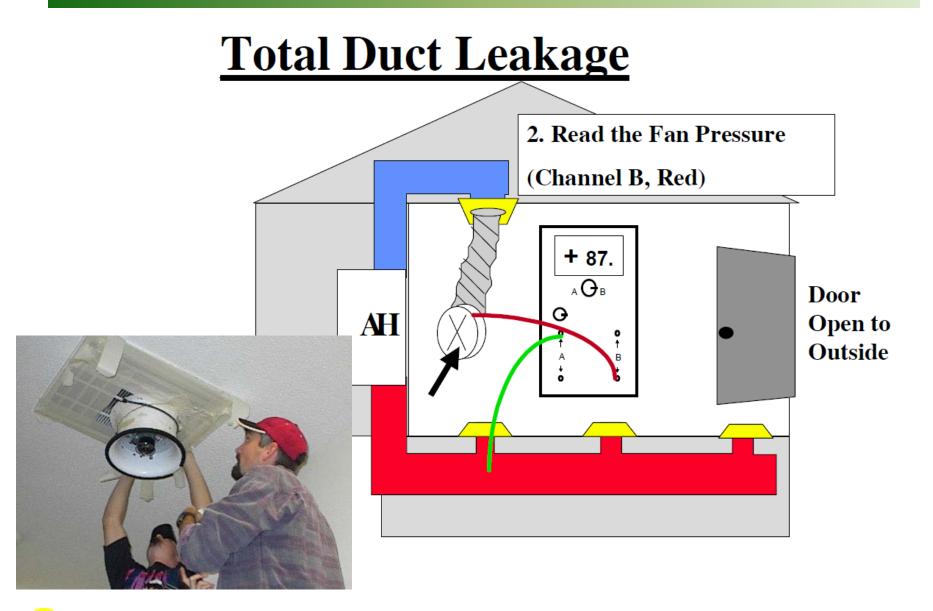


### **Total Duct Leakage Test**



### **Total Duct Leakage Test**

**PTCS** 



## Can't Reach Pressure (CRP) Correction Factors

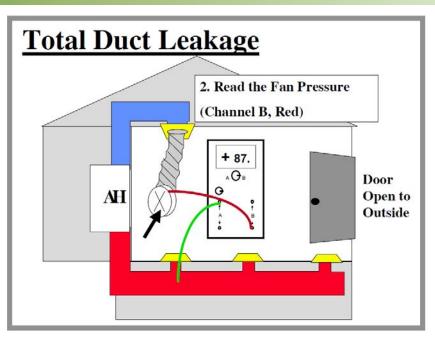
**Example:** The results of the test show a leakage area of 275 CFM at a duct pressure of 35 Pa. The correction factor for a pressure of 35 Pa is 1.26.

#### 275 CFM35 X 1.26 = 346.5 CFM50

The test doesn't give any indication of where to find the holes, just an estimate of the collected hole size. As CFM50 values get larger, they will tend to be less accurate.

<b>Can't Reach Pressure (CRP) Correction Factors</b>	
Reference	<b>CRP Factor</b>
<u>Pressure</u>	<u>50 PA</u>
10	2.85
15	2.19
20	1.81
25	1.57
30	1.39
35	1.26
40	1.16
45	1.07

### **Total Duct Leakage Test**



#### **Interpreting Results:**

The CFM50 is a measure of the total collected hole size in the system. As an approximation the CFM50 divided by 10 gives the total effective leakage area in square inches.

#### Example: 400 CFM50/10 = 40 square inches of total leakage area.

Using this approximation during sealing can help estimate how many and how big the holes are that you are looking to seal.

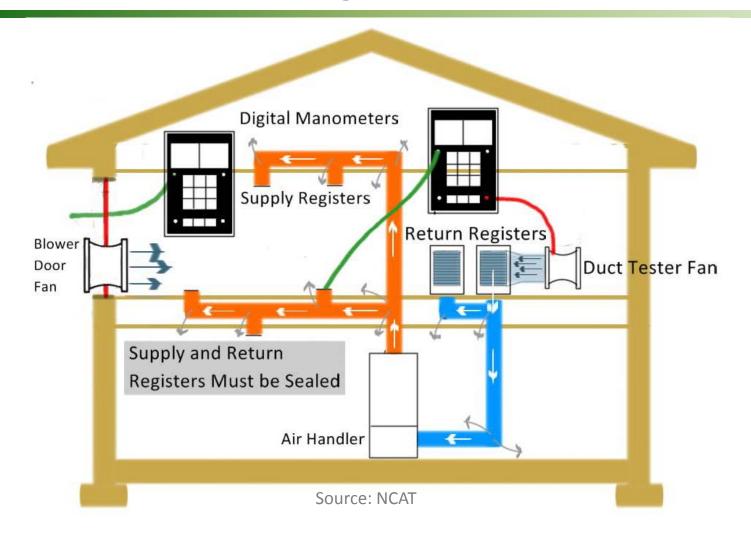
### **PTCS Duct Training – New Construction**

Duct Leakage to the Outside

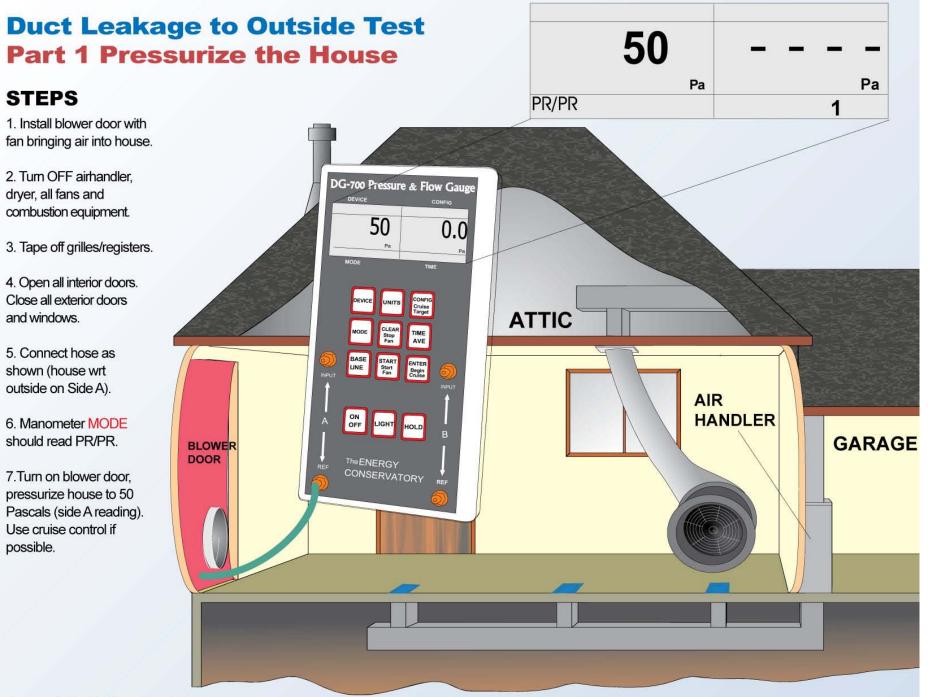
A Code Required Test (for certain homes)



### Duct Leakage to the Exterior



**Standard New Construction:** For certification, the measured CFM50 must not exceed 0.06 CFM50 x floor area served by the system (in square feet) or 75 CFM50 whichever is greater.



#### **Duct Leakage to Outside Test** Part 2 Pressurize the Ducts

#### STEPS

8. Connect manometer to DuctBlaster; side A to ducts (usually supply side) and side B to fan.

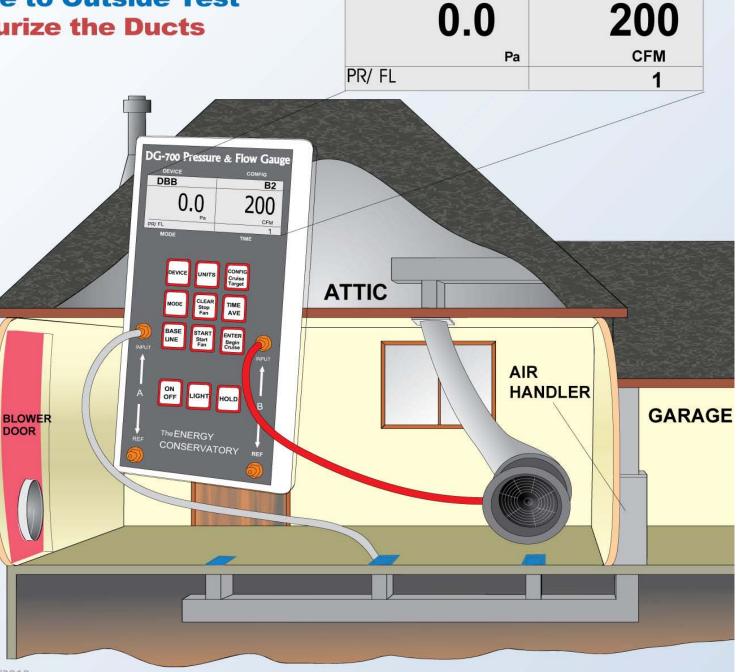
9. Configure manometer; MODE: PR/FL DEVICE: DBA (if white) or DBB (if black) TIME AVERAGE: 1 CONFIG: ring you are using

10. Pressurize the ducts (blowing air into the ducts) until the pressure in the ducts side A reads 0 (with respect to the house – which means the ducts and house are both at 50 Pa with respect to outside).

11. Use the smallest ring possible to get to 0 Pa. If you have to change the ring, be sure to reflect that in the manometer CONFIG setting

12. Check blower door reading (house pressure wrt outside). Readjust to 50 Pa if necessary.

13. Reconnect the manometer to the DuctBlaster. The CFM reading is the leakage to outside at 50 Pa. © Ecos. All Rights Reserved. 11/2010



DBB

**B2** 

### **Exhaust Fan Flow Test**



Long or crimped exhaust fan ducts can significantly reduce actual exhaust flow.



Not a Code Required Test

### Allowable Leakage = 0.06 CFM50 x conditioned floor area or 75 CFM50, whichever is greater.

Example 1: What is the duct leakage limit for a 1000 SF house?

0.06 CFM50 x 1000 SF = 60 CFM, but since 75 CFM50 is greater the allowable leakage is 75 CFM50

Example 2: What is the duct leakage limit for a 3000 SF house?

0.06 CFM50 x 3000 SF = 180 CFM which is greater than 75 CFM so the allowable leakage is 180 CFM

MVL Based on known occupancy: MVL = (# of occupants) x (15 cfm/occupant)

MVL Based on bedrooms: MVL = (3 of bedrooms + 1) x (15 cfm/bedroom)

MVL Based on ACH and Volume MVL = (0.35 ACHnat x House Volume in ft<sup>3</sup>) / 60 minutes

Most Restrictive Should be Applied.

